

Mental Health Wellness - Partnerships

Brief Program Description	Description of Partnership with CCPS	Clients served	Plans to expand program/barriers to overcome	Best practices to support student safety
<p>The Child & Adolescent Services Team (CAST) is a program of the Chesterfield Community Services Board (CSB) and a provider of outpatient mental health and substance abuse services for youth and families.</p> <p>http://www.chesterfield.gov/CASTSA/</p>	<p>CAST serves youth under the age of 18 with significant mental health and/or substance use concerns. Our niche is working with youth and families with complex system needs (those involved with special education services, DSS, foster care, guardians ad litem, court services unit, probation, and other youth systems). We collaborate with Family Assessment & Planning teams to coordinate services youth who need more intensive interventions than our services can provide. We provide individual & family therapy services, and intensive targeted case management. Clients receiving outpatient services from CAST may also have access to child psychiatry/medication services here at the CSB, as well.</p>	<p>CAST serves youth under the age of 18 with significant mental health and/or substance use concerns. Our niche is working with youth and families with complex system needs (those involved with special education services, DSS, foster care, guardians ad litem, court services unit, probation, and other youth systems). We collaborate with Family Assessment & Planning teams to coordinate services youth who need more intensive interventions than our services can provide. We provide individual & family therapy services, and intensive targeted case management. Clients receiving outpatient services from CAST may also have access to child psychiatry/medication services here at the CSB, as well.</p>	<p>Recruiting Spanish-speaking, licensed therapists has been a challenge. We advertise regularly with this skill as a job requirement, but we rarely bring in applicants with this important ability.</p>	<p>In the past few years we have implemented a system to access our services on the same day and have fully eliminated all waiting lists for CSB services. The Same-Day Access (SDA) program allows County residents to walk in to our building 5 days per week, receive a comprehensive clinical assessment by a licensed therapist, and be assigned to a permanent primary provider on the very same day. In the future, we'd like to hire more bilingual staff - especially Spanish-speaking staff.</p>

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<p>Chesterfield Mental Health Support Services (CMHSS) Emergency Services provides crisis intervention services and support to individuals and families throughout Chesterfield County who are experiencing a mental health emergency</p> <p>http://www.chesterfield.gov/MHSS.aspx?id=8590045206</p>	<p>The Partnership between CCPS and Chesterfield Mental Health Support Services (CMHSS) Emergency Services Program is a vital alliance. With a purpose of addressing safety concerns when students are identified as a significant risk for harming themselves or others, CCPS and CMHSS work together to coordinate responses to risk situations. Close collaboration and clear communication is important to the ongoing partnership. Members from Chesterfield County MH Emergency Services (Crisis Intervention) Team meet and communicate frequently with CCPS staff to enhance the partnership and provide ongoing support. CCPS personnel are encouraged to contact CMHSS Emergency Services staff as often as needed for case consultation and MH support.</p>	<p>During the past couple of years, Chesterfield Mental Health Support Services has addressed barriers and delays to services by restructuring our Intake process. This resulted in the creation of our Same Day Access Program and has enabled seekers of mental health services to receive help sooner and avoid wait lists and delays in treatment.</p> <p>Currently working with CCPS to come up with best practice protocol for making reports to CPS by school personnel. Need to train school staff more consistently.</p>	<p>Last year, CMHSS Emergency Services Team members began meeting with individual school teams to enhance the partnership, improve the communication, and review ways we work together. We plan to continue the outreach and teamwork. Additionally we want to listen and hear about concerns and seek ways to strengthen the collaboration. The best practice protocol adopted by the schools and implemented in all the schools</p>	<p>Community awareness programs are helpful in educating the public and decreasing the stigma related to mental health treatment. These awareness programs are also a way to alert the community to the need for more MH services and supports in the private as well as the public sectors. Additionally public forums can strengthen engagement and partnership between families and community providers.</p> <p>Prevention programs are effective ways to be proactive and provide a continuum of mental health supports which can address issues before escalation to high risk situations.</p>

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<p>The Prevention Services Program of Chesterfield Mental Health Support Services aims to promote positive mental health and social emotional development and prevent substance misuse and suicide. We do this through environmental campaigns, youth programs, parent education and professional and community consultation and training.</p> <p>http://www.chesterfield.gov/MHSS.aspx?id=8590045210</p> <p>http://www.chesterfield.gov/preventsuicide/</p>	<p>"Mental Health is an essential component of overall health.</p> <p>Our initiatives -help students developing social-emotional skills -help students cope with life challenges -help children and adults recognize and provide the first level of response to signs of suicide and other mental health concerns -educate parents about nurturing and effective parenting practices and how and when to seek help -increase community awareness about topics related to mental health and substance use -decrease youth access to substances"</p>	<p>Students,parents, families, educators, community members</p>	<p>At the request of CCPS, next school year we will expand our involvement in SOS implementation, assist with the Preventure pilot at Carver College and Career Academy and be a partner in the implementation of the HSIg grants at Thomas Dale and Monacan High Schools.</p> <p>In partnership with the School Social Workers we are working on developing a parent education program for parents of youth with attendance issues.</p> <p>We have been working with Chad Knowles with the Office of Student Conduct on a partnership for an alternative to suspension program for youth with first time substance use offenses.</p> <p>Student Support leaders are included in our strategic planning processes As needed, we adapt our services to align with needs and priorities they identify.</p>	<p>We utilize evidence and/or research based practices in all of our services.</p> <p>School staff are often able to identify youth who would benefit from our services but not adequate times for us to deliver those services. For instance, lunch time is not enough time for a grief or anxiety group. Youth needing skills to manage ADHD should not miss their recess.</p>

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<p>Child Protective Services, a department of Chesterfield & Colonial Heights Department of Social Services</p> <p>http://www.chesterfield.gov/content2.aspx?id=2714</p>	<p>The goal of Child Protective Services (CPS) is to identify, assess and provide services to children and families in an effort to protect children, preserve families whenever possible, and prevent further maltreatment.</p>	<p>Students and families when a valid report of suspected abuse or neglect is made.</p>	<p>Currently working with CCPS to draft best practice protocol for school personnel who make reports to CPS.</p>	<p>The best practice protocol adopted by the schools and implemented in all the schools. Continue training of school staff.</p>