

# Elementary Gluten Free Menu for Parents

All dressings are gluten free.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Corresponds to Med. Blue Week	<p>Hot on <b>GF Bun</b> Entree Salad: Cheese Yogurt &amp; Cheese, w/Baked Cheetos</p> <p>Baked Beans Tossed Salad Baby Carrots Fruit Juice Milk</p>	<p>Ham &amp; Cheese Wrap /<b>Corn Tortilla</b> Entree Salad: Cheese Yogurt &amp; Cheese w/Baked Cheetos</p> <p>Tossed Salad Fresh Veggies w/Dip Fruit Juice Milk</p>	<p>Soft Taco w/<b>Corn Tortilla</b> Entrée Salad: Grilled Chicken Yogurt &amp; Cheese w/Baked Cheetos</p> <p>Corn Tossed Salad Baby Carrots Fruit Juice Milk</p>	<p>Grilled Cheese Sandwich on <b>GF Bread</b> Entree Salad: Cheese Yogurt Cheese w/ Baked Cheetos</p> <p>Vegetable Soup (when on menu) Fresh Veggies w/Dip Tossed Salad Fruit Juice Milk</p>	<p>Chicken Filet on <b>GF Bun</b> Entree Salad: Turkey &amp; Cheese Yogurt &amp; Cheese w/ Baked Cheetos</p> <p>Mixed Vegetables Tossed Salad Baby Carrots Fruit Juice Milk</p>
Corresponds to Med. Blue Week	<p><b>Chicken nuggets</b> w/Cheetos Entree Salad: Cheese Yogurt &amp; Cheese w/ Baked Cheetos</p> <p>Mashed Potato (<b>no gravy</b>) Tossed Salad Fresh Veggies w/Dip Fruit Juice Milk</p>	<p><b>Burger on GF Bun</b> Entree Salad: Cheese Yogurt &amp; Cheese w/ Baked Cheetos</p> <p>Tossed Salad Fresh Veggies w/Dip Fruit Juice Milk</p>	<p>Grilled Cheese Sandwich on <b>GF Bread</b> Entrée Salad: Grilled Chicken Yogurt &amp; Cheese w/ Baked Cheetos</p> <p>Broccoli Tossed Salad Baby Carrots Fruit Juice Milk</p>	<p>Turkey &amp; Cheese Wrap /<b>Corn Tortilla</b> Entree Salad: Cheese Yogurt &amp; Cheese w/ Baked Cheetos</p> <p>Green Beans Tossed Salad Baby Carrots Fruit Juice Milk</p>	<p>Chicken Filet on <b>GF Bun</b> Entree Salad: Turkey &amp; Cheese Yogurt &amp; Cheese w/ Baked Cheetos</p> <p>Succotash Tossed Salad Fresh Veggies w/Dip Fruit Juice Milk</p>
Corresponds to Light Blue Week	<p><b>Burger on GF Bun</b> Entree Salad: Cheese Yogurt &amp; Cheese w/ Baked Cheetos</p> <p>Broccoli Tossed Salad Baby Carrots Fruit Juice Milk</p>	<p>Hot Dog on <b>GF Bun</b> Entree Salad: Cheese Yogurt &amp; Cheese w/ Baked Cheetos</p> <p>Spiced Apples(no flour in recipe) Tossed Salad Baby Carrots Fruit Juice Milk</p>	<p>Nachos w/chili &amp; Cheese Entrée Salad: Grilled Chicken Yogurt &amp; Cheese w/ Baked Cheetos</p> <p>Corn Tossed Salad Fresh Veggies w/Dip Fruit Luigi Frozen Sherbet Milk</p>	<p><b>Chicken Nuggets</b> w/Cheetos (Entree Salad: Cheese Yogurt &amp; Cheese w/ Baked Cheetos)</p> <p>Seasoned Potato Half Tossed Salad Fresh Veggies w/Dip Fruit Juice Milk</p>	<p>Chicken Filet on <b>GF Bun</b> Entrée Salad: Turkey &amp; Cheese Yogurt &amp; Cheese w/ Baked Cheetos</p> <p>Peas Tossed Salad Baby Carrots Fruit Juice Milk</p>

Please note that the color at the beginning of the week corresponds to the color week that is on the annual menu (given to you at the beginning of the year).

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