

MyLunchMoney.com

MyLunchMoney.com is an online system to track your child's account balance and add money using a credit or debit card. Secured through VeriSign, MyLunchMoney :

- decreases the chance of your child running out of lunch money
- eliminates the need to send money daily or weekly
- deducts from your credit card or debit card automatically or at your request
- enables you to check your child's account balance online
- shows what your child has eaten in the past seven days
- allows you to place spending limits on your child's account (We recommend setting a daily rather than a weekly spending limit.)
- emails you when your child's account balance drops to a certain level

Go online to **MyLunchMoney.com** and follow the directions. We encourage a \$10 minimum payment. Please note that it will take up to an hour for your account to show updates. If there are problems, call 1-800-479-3531 and select option 5 to speak with a **MyLunchMoney.com** representative.

Free and reduced-price meals

Based on household size and income, students may qualify for free or reduced-price meals under the National School Lunch Program and School Breakfast Program. Family applications are available in school offices, online at chesterfield.k12.va.us and at the Food and Nutrition Services Office, 7610 Whitepine Road Richmond, VA 23237.

No credit

Credit cannot be extended for meals. The Food and Nutrition Services Department is a self-supporting part of Chesterfield County Public Schools, receiving no funds from local taxes or from the School Board. Expenses incurred by Food and Nutrition Services must be covered by revenue received.

To make sure your child has lunch money, we encourage parents to track their child's account balance through MyLunchMoney.com or by contacting their school's cafeteria manager. Children who do not have the correct funds for lunch will receive, as a courtesy, a cheese sandwich and milk. We ask that 60 cents be sent in to cover the cost of the milk.

Paying at school

Payments must include the child's name and student number. If you do not know this number, contact the school's cafeteria manager. Parents may place restrictions on accounts, if necessary, by contacting the cafeteria manager. We cannot accept checks that combine meal money with other school functions, such as field trips; the entire amount of the check will be posted to your child's meal account. You may write one check for multiple students at the same school.

Returned checks

Envision Payment Solutions handles checks that are returned because of insufficient funds. A \$50 fee is charged for each returned check, plus the value of the check. If you have questions, call Envision Payment Solutions at (877) 290-5460.

Nutritional Integrity

Five components are offered with each meal: meat or meat alternative, bread, milk and two fruit or vegetable choices. Students may select three, four or five components.

Nutritional integrity is the goal of Chesterfield County Public Schools Food and Nutrition Department. We take special care in selecting foods that are consistent with the recommended dietary allowances. With parents and the community, we work to help children develop healthy eating habits. Cafeteria managers are ServSafe certified. Ingredient lists and nutritional information are available on the school system's website along with the menus.



Chesterfield County Public Schools
Food and Nutrition Services
7610 Whitepine Road, Richmond, VA 23237
(804) 743-3717
chesterfield.k12.va.us

Nondiscrimination

This explains what to do if you believe you have been treated unfairly. In accordance with Federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, religion or disability. To file a complaint of discrimination, write USDA, Director, Office of Adjudication, 1400 Independence Avenue SW, Washington, D.C. 20250-9410 or call toll-free (866) 632-9992 (voice). Individuals who are hearing impaired or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339 or (800) 845-6136 (Spanish). USDA is an equal opportunity provider and employer.

school menus



Elementary 2011-12

week 1

Monday

Hot Dog
Chicken Fillet
Entree Salad with Cheese
Yogurt, Cheese and Teddy Grahams
PBJ Sandwich
- Choice of two:
Baked Beans, Tossed Salad
Fresh Baby Carrots, Fresh and Cupped Fruit, Juice

Tuesday

Manager's Choice
Cheeseburger
Chicken Poppers Salad
Yogurt, Cheese and Teddy Grahams
PBJ Sandwich
- Choice of two:
Baked Fries or Wedges, Tossed Salad,
Fresh Veggies with Dip, Fresh and Cupped Fruit, Juice

Wednesday

Soft Taco
Chicken Fillet
Grilled Chicken Salad
Yogurt, Cheese and Teddy Grahams
PBJ Sandwich
- Choice of two:
Corn, Tossed Salad, Fresh Baby Carrots, Fresh and Cupped Fruit, Juice

Thursday

Grilled Cheese Sandwich
Cheeseburger
Chicken Fajita Salad
Yogurt, Cheese and Teddy Grahams
PBJ Sandwich
- Choice of two:
Soup, Tossed Salad, Fresh Veggies with Dip, Fresh and Cupped Fruit, Juice

Friday

Cheesy Flatbread with Marinara
Chicken Fillet
Turkey and Cheese Salad
Yogurt, Cheese and Teddy Grahams
PBJ Sandwich
- Choice of two:
Mixed Vegetables, Tossed Salad,
Fresh Baby Carrots, Fresh and Cupped Fruit, Juice

week 2

Steak Nuggets and Roll
Chicken Fillet
Entree Salad with Cheese
Yogurt, Cheese and Teddy Grahams
PBJ Sandwich
- Choice of two:
Mashed Potatoes with Gravy, Tossed Salad, Fresh Veggies with Dip, Fresh and Cupped Fruit, Juice

Student Planned Menu
Cheeseburger
Chicken Poppers Salad
Yogurt, Cheese and Teddy Grahams
PBJ Sandwich
- Choice of two:
Sweet Potato Fries, Tossed Salad,
Fresh Veggies with Dip, Fresh and Cupped Fruit, Juice

Macaroni Cheese with Slider
Chicken Fillet
Grilled Chicken Salad
Yogurt, Cheese and Teddy Grahams
PBJ Sandwich
- Choice of two:
Broccoli, Tossed Salad, Fresh Baby Carrots, Fresh and Cupped Fruit and Fruited Jello, Juice

Spaghetti /Meat Sauce and Roll
Cheeseburger
Chicken Fajita Salad
Yogurt, Cheese and Teddy Grahams
PBJ Sandwich
- Choice of two:
Green Beans, Tossed Salad, Fresh Baby Carrots, Fresh and Cupped Fruit, Juice

*Pizza***
Chicken Fillet
Turkey and Cheese Salad
Yogurt, Cheese and Teddy Grahams
PBJ Sandwich
- Choice of two:
Succotash, Tossed Salad, Fresh Veggies with Dip, Fresh and Cupped Fruit, Juice

week 3

Pizza Dippers with Marinara
Chicken Fillet
Entree Salad with Cheese
Yogurt, Cheese and Teddy Grahams
PBJ Sandwich
- Choice of two:
Broccoli, Tossed Salad, Fresh Baby Carrots, Fresh and Cupped Fruit, Juice

*This is Lucky Tray Day!***
French Toast Sticks /Sausage Patties**
Cheeseburger
Chicken Poppers Salad
Yogurt, Cheese and Teddy Grahams
PBJ Sandwich
- Choice of two:
Spiced Apples, Tossed Salad
Fresh Baby Carrots, Fresh and Cupped Fruit, Juice

Nachos with Chili and Cheese
Chicken Fillet
Grilled Chicken Salad
Yogurt, Cheese and Teddy Grahams
PBJ Sandwich
- Choice of two:
Corn, Tossed Salad, Fresh Veggies with Dip, Fresh and Cupped Fruit, Luigi's Frozen Sherbet

Chicken Nuggets and Roll
Cheeseburger
Chicken Fajita Salad
Yogurt, Cheese and Teddy Grahams
PBJ Sandwich
- Choice of two:
Seasoned Potato Half, Tossed Salad,
Fresh Veggies with Dip, Fresh and Cupped Fruit, Juice

*Pizza***
Chicken Fillet
Turkey and Cheese Salad
Yogurt, Cheese and Teddy Grahams
PBJ Sandwich
- Choice of two:
Steamed Peas, Tossed Salad, Fresh Baby Carrots, Fresh and Cupped Fruit, Juice

Breakfast

Monday

Power Doughnut
Cereal with ProBall
Yogurt with ProBall
Juice/Fresh Fruit
Milk

Tuesday

Egg and Cheese Biscuit
Cereal with ProBall
Yogurt with ProBall
Juice/Fresh Fruit
Milk

Wednesday

Glazed French Toast
Cereal with ProBall
Yogurt with ProBall
Juice/Fresh Fruit
Milk

Thursday

Sausage Biscuit**
Cereal with ProBall
Yogurt with ProBall
Juice/Fresh Fruit
Milk

Friday

Mini Pancakes
Cereal with ProBall
Yogurt with ProBall
Juice/Fresh Fruit
Milk

****Note:** Product may contain pork. Milk is included with every breakfast and lunch. Italicized entrees are vegetarian. Deli sandwiches are offered daily. PBJ sandwiches may not be available at every school. When pizza is served, cheese and pepperoni will both be available. Tomato or vegetable soup will be offered October through March. Menu may change without notice because of availability.

Lunch Prices

	Daily	Weekly	Two Weeks	50 Lunches
Student	\$1.80	\$9	\$18	\$90
Adult	\$2.75	\$13.75	\$27.50	\$137.50

Breakfast Prices

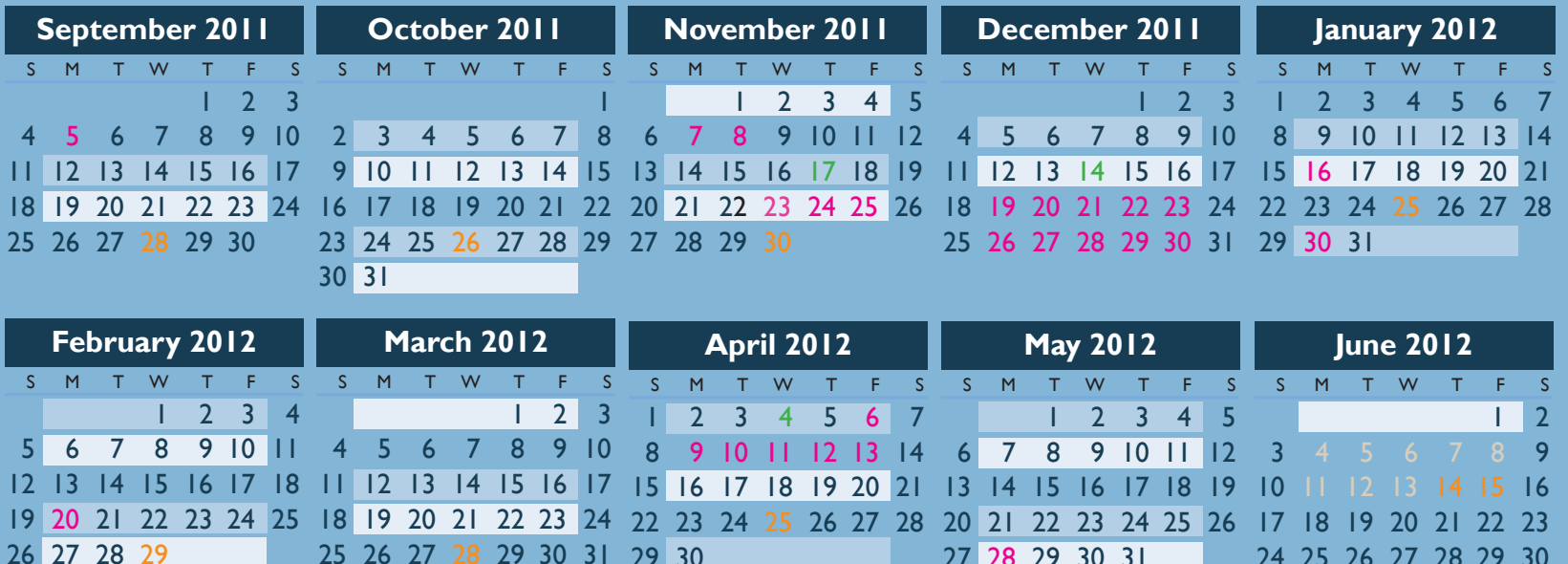
	Daily	Weekly	Two Weeks	50 Breakfasts
Student	\$1.10	\$5.50	\$11	\$55

Individual Prices

- 60¢..... Milk
- 60¢..... Bottled water (10 oz.)
- 75¢..... Juice box (6.75 oz.)
- 60¢..... Fruit juice (4 oz.)
- 60¢..... Chips
- 40¢..... Goldfish crackers
- 75¢..... Vegetable, fruit cup, fresh fruit
- \$1.80..... Entree with bread
- \$1.80..... Pizza slice
- \$2.75..... Vegetarian meal (yogurt, cheese, Teddy Grahams)
- 40¢..... Cookie (fresh baked, reduced fat)
- 40¢..... Rice Krispies Mini Treat
- 60¢..... Fruit Snack, Fruit Roll-Up
- 60¢..... Scooby-Doo, animal crackers
- 65¢..... Cupcake (reduced fat)
- 65¢..... Cereal bar
- 60¢..... Ice cream

Early release days

On all early release days, except June 14-15, bagged lunches will be served containing corn dog nuggets, Goldfish crackers, fresh fruit, juice and milk.



*Holiday | *Three Hour Early Release | *Holiday Meals | *Manager's Choice
National School Lunch Week is Oct. 10-14. National School Breakfast Week is March 5-9.

Week 1 Week 2 Week 3