Mental Health Resources
For Students and Families in Need

Important numbers to know

- *If you have an emergency, call 911.*
- *If you have a mental health crisis situation, call 804-748-6356.*
- *Call that National Suicide Prevention Hotline at 800-273-8255*

Community supports

Chesterfield County Public Schools partners with a number of local and national organizations in support of student mental health and wellness. The holidays can be challenging for children and adults as it relates to mental health. For additional information about resources to access when school is not in session during the Winter Break, please refer to these helpful links:

- [Community-Based Mental Health Supports for Students and Families in Crisis](#): This guide offers local and national organizations prepared to help families with different situations 24/7/365.
- [What To Do When Someone Is At Risk For Suicide](#): This American Foundation for Suicide link shares information about steps one can take to acknowledge when a loved one is having a mental health crisis, how to respond in caring ways, and ways to find services.

Chesterfield County Public Schools supports

Chesterfield County Public Schools also is fortunate to have a strong, unified student support services team that includes school counselors, social workers, school psychologists, mental health support specialists, mental health intervention specialists, school nurses and behavioral intervention specialists. These trained staff members collaborate to support students’ social-emotional and mental health needs in a variety of ways.

Our PK-12 schools offer ongoing trauma-informed student supports, such as social-emotional classroom lessons and schoolwide Positive Behavioral Interventions and Supports. Preventative and responsive mental health intervention is an integral part of all students’ virtual, hybrid, and face-to-face school...
experiences. As student needs for additional support are determined, appropriate and timely interventions are offered to students and families. Student needs can be communicated to student support services team members by educators, parents, or from students themselves. We ask parents to contact your student’s school by phone or email to share concerns about your child.

All teachers and staff have participated in annual required mental health awareness training to help identify students with possible mental health needs. A monthly student mental health professional development series offers additional training to teachers, administrators, and the student support services team to assist with the identification of and response to students who are struggling to facilitate school-based support for students, collaboration with families, and referrals to outside organizations as needed. Additionally, PK-12 local school and county level student support services team members continue to monitor Gaggle Alerts to involve parents immediately when a student writes about potential safety to self or other concerns on their school-issued Chromebook.

PK-12 mental health support specialists are available to help families identify additional community-based mental health resources for students with needs that go beyond the scope of school-based mental health support services. Examples of community agencies with whom CCPS collaborates regularly are:

- Chesterfield County Prevention Services (804) 768-7212
- Chesterfield County Mental Health Services (804) 748-1227
- Chesterfield County Crisis Services (804) 748-6356
- Chesterfield Domestic and Sexual Violence Resource Center (804) 318-8265
- Chesterfield Department of Social Services (804) 748-1100
- Area hospitals

Chesterfield Mental Health Prevention Services provides free parent phone mental health-related consultation services. The following fliers detail more information: [English Flyer](#) [Spanish Flyer](#)

A number of local and national organizations partner with CCPS in support of student mental health and wellness. For additional information about resources to access when school is not in session during the Winter Break, please review [Community-Based Mental Health Supports for Students & Families in Crisis](#).

**Winter Break activities**

If you are looking for fun ways to connect with your children during Winter Break, please take a look at the ideas shared by WideOpenSchool.org.

The ideas are broken down by children’s age, so there is something for everyone PK-12.
LOCAL MENTAL HEALTH RESOURCES

COMMUNITY MENTAL HEALTH CENTERS
Chesterfield County Mental Health Department 804-748-1227
Rogers Building 6801 Lucy Corr Blvd. Chesterfield 23832
- 24-hour Crisis Line 804-748-6356
  o Walk in Monday-Thursday from 8:30 a.m.-9 p.m.
  o Walk in Friday from 8:30 a.m.-5 p.m.
- Intake for Mental Health and Substance Abuse Services 804-768-7318
  o Monday and Friday from 8 a.m.-2 p.m.
  o Tuesday through Thursday 8 a.m.-4 p.m.

Richmond Behavioral Health Authority 804-819-4000
Henrico Mental Health Department 804-727-8515
Hanover Mental Health Department 804-365-4222
District 19 Mental Health 804-863-1689
(Serving residents of Petersburg, Hopewell, Colonial Heights, and Prince George)
Goochland-Powhatan Mental Health 804-556-5400
  • Goochland
  • Powhatan 804-598-2200

CHESTERFIELD PUBLIC SAFETY
Magistrate’s Office 804-748-1410
Police Department - Emergency 911
Non-Emergency 804-748-1251

CHESTERFIELD EMPLOYEES
Chesterfield Employee Assistance Program (EAP) 1-855-278-6865
HOTLINE/ADVOCACY
National Suicide Prevention Hotline 1-800-273-TALK (8255)
National Suicide Prevention Text Line Text CONNECT to 741-741
The Trevor Project Hotline (LGBTQ youth) 1-866-488-7386
Children’s Mental Health Resource Center www.mentalhealth4kids.org
American Psychological Association Public Education Line 1-800-964-2000

SUPPORT GROUPS
Alcoholic Anonymous www.aarichmond.org
  • Tri-Cities 804-355-1212
AL-ANON 804-458-1959
Narcotics Anonymous www.na.org 1-800-777-1515
FACES (Family Advocacy Creating Education and Services) 804-378-0035
Stay Strong (eating disorder support groups) www.staystrongvirginia.org
SCAN (Stop Child Abuse Now) 804-257-7226
DBSA (Depression Bipolar Support Alliance) www.dbsalliance.org
NAMI (National Alliance on Mental Illness) www.namivirginia.org
RAINN (Rape, Abuse, Incest National Network) 1-800-656-4673
Side by Side (formerly ROSMY: support for LGBTQ Youth) www.sidebysideva.org
James House (Domestic Violence, Sexual Violence, Stalking) 804-458-2704
Virginia Resource Database 211.getcare.com

PSYCHIATRIC HOSPITALS
Tucker Pavilion (at Chippenham Hospital) 804-323-8846
Virginia Treatment Center for Children 804-828-8822
St. Mary’s Hospital 804-287-7836
VCU/MCV 804-828-8200
Poplar Springs Hospital 1-866-546-2229 (24 hour line)
*St. Joseph’s Villa – Crisis Stabilization Unit 804-553-3200

PRIVATE ORGANIZATIONS
Chesterfield Family Guidance 804-743-0960
6603 Irongate Square
Richmond, VA 23234

Dominion Behavioral Health 804-794-4482
703 N. Courthouse Rd., Suite 101
Richmond, VA 23236
Ironbridge Wellness  
9844 Lori Road, Suite 100  
Chesterfield, VA 23832  
804-717-1111

James River Psychotherapy  
720 Moorefield Park Dr., Suite 202  
Richmond, VA 23236  
804-272-7611

Oxbridge Counseling Services  
10128 Hull Street Road  
Midlothian, VA 23112  
804-276-5761

The Meridian Group  
1109 Krause Rd., Suite 100  
Chesterfield, VA 23832  
804-751-8644

Tucker Psychiatric Clinic  
1000 Boulders Parkway, Suite 202  
Richmond, VA 23225  
804-320-7881

Intercept Youth Services – Crisis One  
804-980-5373